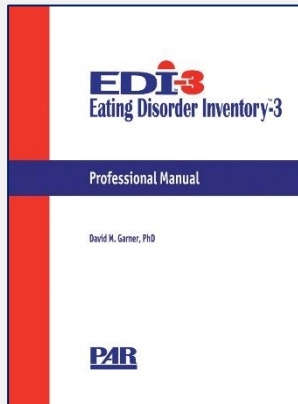


# Eating Disorder Inventory™-3 (EDI™-3)

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## Overview & What's New

- A revision of one of the most widely used self-report measures for individuals with eating disorders.
- Items from the original EDI and the EDI-2 were preserved, so clinicians and researchers can compare data.
- Consists of 91 items organized into 12 nonoverlapping primary scales—three eating-disorder scales and nine general psychological scales.
- Yields six composite scores – one that is eating-disorder specific, and five that are general integrative psychological constructs.
- Provides data regarding frequency of symptoms (e.g., exercise patterns; use of laxatives, diet pills and diuretics; self-inducing vomiting) necessary to determine whether patients meet *DSM-IV* diagnostic criteria.
- Includes case studies.



## Applications

Provides a standardized clinical evaluation of symptomology associated with eating disorders

Intended for use with adolescents age 13 and older and adult females

Profiles can be linked to treatment plans, specific interventions, and treatment monitoring

Designed for research and clinical applications

## Administration & Scoring

- Available EDI-3 Referral Form (RF) is an abbreviated form for allied health professionals.
- The easy-to-use Percentile/*T*-Score Profile Forms include critical item sets that allow for the development of a more meaningful clinical picture.
- 20 minutes to administer; 20 minutes to score.
- i-Admins and Score Reports for EDI-3 and EDI-3 RF are also available via our online assessment platform, PARiConnect.
- Qualification level B.
- Available computer scoring program (EDI-3 SP) generates score reports and qualitative classifications for EDI-3 scales.
- Translated into 16 languages, including Arabic, Chinese, French, Russian, and Spanish.

## Test Materials

- EDI-3 Professional Manual
- EDI-3 Item Booklet
- EDI-3 Percentile/*T*-Score Profile Form

## Reliability, Validity, & Norms

- Includes normative data for both adolescents and adults: U.S. adult clinical ( $N = 983$ ) and international adult clinical ( $N = 662$ ) groups consist of adults ages 18 years and older.
- U.S. adolescent clinical ( $N = 335$ ) group includes adolescents ages 11 to 17 years.
- Features excellent reliability and validity.

### EDI-3 Scales and Associated Composites

Scale	Composite
Drive for Thinness (DT) Bulimia (B) Body Dissatisfaction (BD)	Eating Disorder Risk Composite (EDRC)
Low Self-Esteem (LSE) Personal Alienation (PA)	Ineffectiveness Composite (IC)
Interpersonal Insecurity (II) Interpersonal Alienation (IA)	Interpersonal Problems Composite (IPC)
Interoceptive Deficits (ID) Emotional Dysregulation (ED)	Affective Problems Composite (APC)
Perfectionism (P) Asceticism (A)	Overcontrol Composite (OC)
Low Self-Esteem (LSE) Personal Alienation (PA) Interpersonal Insecurity (II) Interpersonal Alienation (IA) Interoceptive Deficits (ID) Emotional Dysregulation (ED) Perfectionism (P) Asceticism (A) Maturity Fears (MF)	General Psychological Maladjustment Composite (GPMC)